

## 10-YEAR OLD GRIEF ADVOCATE AND AUTHOR HELPS ADULTS CARE FOR GRIEVING CHILDREN

*Book created to foster dialogue and more collaborative healing process*



**Lantana, TX** – “How can adults better connect with and help grieving kids?” It’s the question that has plagued many parents, teachers, and other adults. Many other books have attempted to help answer this important question, but what has been glaringly absent from the dialog is a child’s perspective—until now.

Author, children’s grief advocate, and fourth-grader Bryce Fields gives voice to grieving children with his new book, “What This Kid Wants Adults to Know About Grief,” a guidebook for adults who

are caring for “little hurting hearts.”

The book contains candid insights and an array of talking points to open up a dialogue between adults and kids so that the care and healing process can be more collaborative.

One in 29 children have been bereaved by loss of parent or sibling and this one-of-a-kind book gives insight directly from the heart of one of those children.

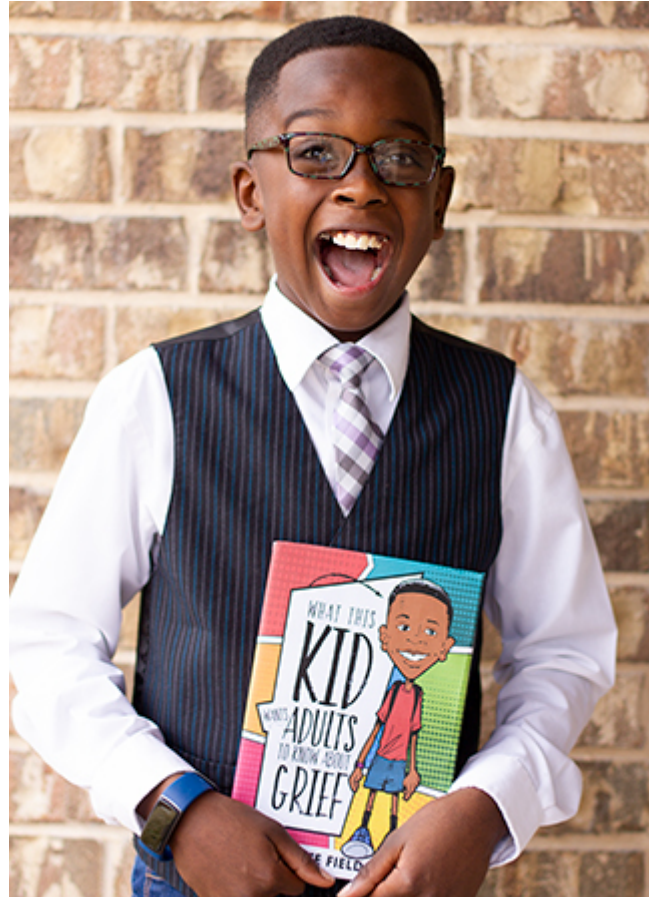
“When Bryce approached me to help grieving children over a year ago, I had no idea it would turn into this,” says Bradley Vinson, Bryce’s grandfather, affectionally known as PawPaw. “We (adults) have to realize if they’re old enough to love, they’re old enough to grieve, and they have a voice that needs to be heard when it comes to helping them heal.”

Vinson has been working with the grieving community through seminars and trainings on grief and bereavement topics since late 2016 after his granddaughter and Bryce’s sister, Alanna, died tragically at the age of four.

“I was doing weekly Facebook lives about healing in a healthy way and Bryce said to me one day, ‘PawPaw why isn’t somebody doing that for kids?’ So, we did a series of videos during children’s grief awareness month and it grew from there,” Vinson said.

Bryce and his PawPaw present together, giving insight on how to care for “little hurting hearts” to both the grieving community and those that serve them.

“Alanna helped other people before I did and her passing away fueled my desire to help people. PawPaw nourishes it and keeps it going. I want to help people like my PawPaw does,” says Fields.



For more information about the author and book visit [www.ThisKidsGrief.com](http://www.ThisKidsGrief.com)

For more information about speaking, training or consulting, go to [www.BradleyVinson.com](http://www.BradleyVinson.com)

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